

Our vision:

Region II CSPD
coordinates
personnel
development to meet
the needs of all
children and youth in
our unique region.

Region II CSPD

PO Box 7791 Havre, MT 59501

Managing Frustration, Anxiety and Teaching Social Skills

Dr. Jed Baker

FREE
TRAINING FOR:

General and Special Educators, Paraprofessionals,
Agency Personnel, Parents and others who work with
students/individuals on the autism spectrum and
presenting behavioral challenges.

April 2, 2019
Hampton Inn
Great Falls, MT

April 3, 2019
Fifth Avenue Christian Church
Havre, MT

Presented by:

Region II CSPD

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**Montana Office of Public
Instruction**



Managing Frustration and Anxiety

Individuals on the autism spectrum and those with behavioral challenges often present with difficulty regulating their feelings and interacting socially. This workshop describes how to handle meltdowns and design effective behavior plans to prevent these moments and reduce frustration and anxiety. The second part of the presentation details strategies to motivate individuals to learn, ways to teach social skills, how to generalize skills into the natural setting and increase acceptance and tolerance from peers. Information will be imparted through lecture, interactive exercises, and video clips.

Outcome Objectives:

1. Understand how best to think about challenging behaviors to insure better outcomes.
2. Learn strategies to deal effectively with anxiety and frustration; both to deescalate and prevent meltdowns.
3. Identify ways to motivate verbal and non-verbal individuals to want to socialize.
4. Learn how to choose effective strategies for teaching and generalizing skills.
5. Create programs for typical peers to accept individuals with disabilities, reduce bullying and model positive behaviors.

Our presenter:

Jed Baker PhD. Is the director of the Social Skills Training Project, an organization serving individuals with autism and social communication problems. He is on the professional advisory board of Autism Today, ASPEN, ANSWER, YAI, the Kelberman Center and several other autism organizations. In addition, he writes, lectures, and provides training internationally on the topic of social skills training and managing challenging behaviors. He is an award winning author of 8 books, including Social Skills Training for Children and Adolescents with Aspergers Syndrome and Social Communication Problems.

Schedule:

- 8:00-8:30-Sign In
- 8:30-11:30-Morning Session
- 11:30-12:30-Lunch on Your Own
- 12:30-3:30-Afternoon Session

Registration:

Register online at www.blueponyk12.com

Click on the CSPD icon.

Click on the link to the formsite page.

Please note:

Registrations for this workshop taken through March 28, 2019.

As a professional courtesy, please contact our office if you need to cancel your registration.

6 OPI

Renewal Units

available at this training.

Contact Us

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Visit us on the Web:
www.blueponyk12.com